

# Bachelor of Health Science in Community Health

# College of Health & Human Services

As Americans live longer, and as the ranks of older Americans continue to swell, the quest for a live lived well and in good health is becoming a top priority for people of all ages.

As healthcare costs continue to rise, more Americans are taking responsibility for their own health by doing what they can to prevent diseases like HIV, lung cancer, diabetes and heart disease.

But they can't do it alone.

More businesses and communities require the services of professionally trained health educators who can help people live healthy lives, age healthfully and avoid costly treatments for chronic illness.

The **Bachelor of Health Science (BHS) degree in Community Health** from GSU is designed to provide you with the broad-based educational background you'll need to design and implement programs that increase the quality, availability and effectiveness of health and wellness promotions, with an ultimate goal of improved quality of life for aging adults and the community at large.

## A Choice of Tracks

After completing a 24-credit core curriculum, you can choose from one of the following:

### Gerontology – Healthy Aging Track:

The likelihood that an American who reaches the age of 65 will survive to the age of 90 has nearly doubled over the past 40 years. As a health educator, you will play a key role in helping your clients age healthfully.

### Health Promotion Education in the Community Setting Track:

As a specialist in community health promotion, you will plan, develop, implement and assess health education programs that will result in stronger, better-informed, more well-prepared and healthier communities.

## Learn More!

Take the next step. Contact Shavron Henry at [shenry1@govst.edu](mailto:shenry1@govst.edu), 708.534.4923 or visit [www.govst.edu/chhs/bch](http://www.govst.edu/chhs/bch)

## FACT

Although chronic diseases are among the most common and costly health problems, they are also among the most preventable. Adopting healthy behaviors such as eating nutritious foods, being physically active, and avoiding tobacco use can prevent or control the devastating effects of these diseases.

Source: Centers for Disease Control and Prevention



**Governors State**  
UNIVERSITY

1 University Parkway  
University Park, IL 60484

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## Special Admission Requirements

Prospective students are required to have a minimum GPA of 2.25 in 60 hours of transferable credit from a regionally accredited institution for admission to all tracks in the program.

## Degree Requirements

**Students must meet all university requirements for a bachelor's degree.**

All required courses and the upper-division elective must be completed with a grade of "C" or better. In addition, all students must complete a pre-graduation survey.

Students must maintain a minimum 2.0 GPA in upper division course work and must satisfy the State of Illinois general education requirements.

### Program Core Curriculum (24)

HLSC 3100 Contemporary Issues in Health (3)  
HLSC 3150 Introduction to Community Health (3)  
HLAD 3104 Health Statistics (3)  
HLAD 3105 Health Care Organizations (3)  
HLAD 3106 Introduction to Epidemiology (3)  
HLAD 3107 Medical Sociology  
HLAD 4108 Health Planning and Research (3)  
PHIL 3333 Ethics in Healthcare (3)

### Gerontology – Healthy Aging Track (27)

HLAD 3101 Health Care Management Strategies (3)  
HLSC 5100 Nutritional Pathways (3)  
SOCW 3101 Aging: Policies, Problems and Services (3)  
HLSC 4200 Alternative & Complementary Health Care (3)  
HLSC 3400 Principles of Aging and Physical Activity (3)  
HLSC 3300 Cultural Attunement in American Healthcare (3)  
HLSC 5001 Special Topics (3)  
HLSC 4890 Internship (3)

Suggested Electives (9) – Students electing to take this track will take 9 credit hours of suggested electives and satisfy course prerequisites if not previously satisfied.

### Health Promotion Education in the Community Track (27)

HLSC 3200 Introduction to Environmental Health (3)  
HLSC 4200 Alternative & Complementary Health Care (3)  
HLSC 3300 Cultural Attunement in American Healthcare (3)  
HLSC 4300 Health & Wellness Programs in the Community Setting (3)  
HLSC 5100 Nutritional Pathways (3)  
HLSC 5101 HIV: The Epidemic (3)  
HLSC 4100 Intro Health Promotion (3)  
HLSC 4890 Internship (3)

Suggested Electives (9) – Students electing to take the Health Promotion Education in the Community Setting Track will take 9 credit hours of suggested electives and satisfy course prerequisites if not previously satisfied.

### Suggest Electives:

HLSC 4400 Medical Terminology (1)  
or  
OCCT 4400 Medical Terminology (1)  
COMS 3101 Concepts of Human Communication (3)  
PADM 2100 Public Finance and Budgeting (3)  
PSYC 3602 Health Psychology (3)  
HLAD 4103 Legal Aspects of Healthcare (3)  
PSYC 5219 Geropsychology (3)

**Total Credit Hours – 120**

